

## New class registration software coming to Lane Family Connections!

Lane Family Connections will be using new registration software that will be up and running this week. Now make accessing your records easier and quicker! During our transition we need your assistance. Everyone who registers for a class spring term will be added to the new data base, so we will be asking for your personal information such as address, phone number etc... Another great new feature of this program is that we will be saving paper by giving us your e-mail address. If you notice the old fashioned way, in the mail, all classes you have registered for each term and payment information and any credit vouchers you may need this information if you've had any changes such as name or address. You may register for classes by mailing or faxing the registration form that is attached to this newsletter, or by calling the training hotline at 463-3309.

### Why is it so important to have an "L" number?

Did you know that if you have completed any classes at Lane Community College, including classes here at Lane Family Connections that you have an L#? An L# is your student ID and is how the college tracks the classes you've completed for your transcripts. It is also used in lieu of your social security number, which can help protect you against identity theft. **When signing up for classes here at Lane Family Connections use your L# instead of your social security number for your own protection**

If you don't know if you have an L#, or don't remember it, please ask one of our staff members here at Lane Family Connections the next time you register for a class, we may be able to look this information up for you.

If you do not have an L#, Lane Family Connections can assist you in creating one through the college when you register for a class. If you have an L# on your own, just go to [www.lanecc.edu](http://www.lanecc.edu) and click on ExpressLane on the left hand corner. When the log in page appears click on "Need your User ID/L Number"? Enter your last name, date of birth and e-mail address, and if you have an L# they will e-mail it to you. Have questions about your L#? Call Lane Family Connection's registration hotline at 463-3309.

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## Latino Family Conference Saturday, April 5th in UrtkpiLgnf

The 2008 annual Latino Family Conference will be held at Lane Community College Middle School. The conference is designed for families who speak Spanish. There will be classes offered in Spanish for parents; children will have fun activities to do. Everyone will come together at 4:00 pm for authentic food and live entertainment. The event is open to the public.

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Visit the LFC website for more information

[www.lanecc.edu/lfc](http://www.lanecc.edu/lfc)

## Training Opportunities

### MSMA Teacher Education Program

is sponsoring an Early Childhood Education Conference

Saturday, May 17, 2008 from 8:30 – 4:00

At the Children's Choice Montessori School  
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There will be multiple workshops scheduled to meet the needs and interests of:

Parents \* In-home Providers \* Preschool and Infant / Toddler Teachers \* Montessori Teachers \* Classroom Assistants

\$35 includes continental breakfast, lunch, and all workshops

To request registration information:  
Call (541) 726-6924 e-mail

admin@mainstreetmontessori.org or Visit our website at [www.mainstreetmontessori.org](http://www.mainstreetmontessori.org)

### Spring Conference at The Co-op Family Center

Saturday May 31, 2008 9:00 AM – 4:30 PM

A look at the Reggio inspired practice with infants through school age at the Co-op Family Center

Registration forms available online beginning April 1st

at [www.uoregon.edu/~svinfo/](http://www.uoregon.edu/~svinfo/)

Phone: 541-346-7400

# Resources

## New Online Complaint Information

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Effective February 11, 2008 complaint information about child care providers is available at the following web address: [www.emp.state.or.us/ccd-complaints](http://www.emp.state.or.us/ccd-complaints)

The online information will include complaints that have been investigated and found to be valid since January 2004. The information will not include complaints that were investigated and found not to be valid, or that were unable to be substantiated.

The Child Care Division will still provide information by phone and the website will clearly state that complaint information is only one piece of compliance history, and will urge parents to call for an in-depth discussion.

Informed parents are the best advocates for quality child care. Having access to complaint information in multiple formats will help working families make the best decision for their children.

## Family, Friends & Neighbor Project

Lane Family Connections is working on a new project for family, friends and neighbors who provide child care for children whose families receive child care assistance from the State of Oregon. This project is in partnership with the folks at SEIU local 503 (a Union that represents DHS listed providers) and is designed to support ACTIVE DHS listed child care providers who are "exempt" from being regulated through the Child Care Division because they are caring for three or fewer children other than their own. DHS listed means that the Department of Human Services (DHS) has agreed to pay the provider a portion of their child care fee on behalf of a family that is low income. The amount DHS pays depends on several factors, including the eligibility of the family.

The new project will give active DHS listed exempt providers the opportunity to take the classes they need to receive the new DHS child care maximum rates for enhanced providers (7% increase from the standard rates). DHS listed licensed exempt providers will also have an opportunity to receive a stipend (hourly pay) for attending these trainings that will help with transportation and/or child care costs.

The trainings offered by this program include a 2 hour Orientation, First Aid/CPR, Recognizing and Reporting Child Abuse and Neglect class, and Food Handlers training and test. If you qualify for this program as an active DHS listed licensed exempt child care provider, you may take these trainings for free, as well as receive a \$12 per hour payment to help cover your costs.

Cpqvjgt" itgcv" dpggLv" qh" rctvkekrvcvkqp" kp" vjku" program is the opportunity to receive a fabulous literacy tool kit for use in your program. This kit contains a DVD, music CD, book for young children, and lots of great information on including literacy in your child care program. These kits can be distributed immediately upon completion of a simple survey following the orientation class.

If you are an exempt provider who is listed with F J U."cpf"ctg"kpvgtguvgf"kp"vjku"dpggLekc n"rtq i t c o." please call Lisa Barrager at 463-3308 or email your questions to [barragerl@lanecc.edu](mailto:barragerl@lanecc.edu)

## Required classes for CCD Registraton or Enhanced DHS

### Food Handler Permits

LFC now offers the child care version of the Food Handler's manual (blue book) and testing in a self study option ONLY. If you need assistance in eq o r ngvki "vjku" rgt o kv"eqpvcev"NHE"qhLeg"htq" c"dqqm"cpf"kpvtwevkqpu0"Equv" for the self study packets is \$10.00 per permit.

### 1st Aid/CPR Training

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Saturday, April 5, 9:00 am - 4:00 pm, LCC Main, Bldg #4, Rm 130  
Saturday, May 17, 9:00 am - 4:00 pm, LCC Main, Bldg #4, Rm 130  
Saturday, June 14, 9:00 am - 4 :00 pm, LCC Main, Bldg #4, Rm 130

### Recognizing & Reporting Child Abuse and Neglect Attend this class once. Cost \$10 person/\$5.00 DHS Listed

Saturday, April 12, 9-11 am, LCC Main, Bldg #19 Rm 248  
Thursday, May 15, 6:30-8:30pm, LCC Main, Bldg #19, Rm 250  
Thursday, June 12, 6:30 pm - 8:30 pm, LCC Main, Bldg #19, Rm 243  
Espanol: Saturday, June 21, 12:30 - 2:30 pm, LCC main Bldg 19, Rm 248

Vq"tgikvgt"htq"encuugu"Ln"qvv"vjg"htq o "dgnqy"cpf" o ckn"vq"NHE. We accept visa/mastercard or debit payments over the phone or mail. DO NOT MAIL CASH. You will receive a reminder postcard after we receive your registration and payment. If you need to cancel you MUST call at least two days before the class. Refunds are vouchers for classes or library services. Discounts are cxckndng"htq"NHE"encuugu0" [qw"y kn"dg"pqvkLg f"kh" c"encuu"ku"hwnd0" Tgi kuvtkvqpu" o ckn g f"vjg"y ggm"qh" c"encuu" o c { "pqv"dg"tgegxg f"qt" processed in time to complete your registration. For more information, call (541) 463-3954/1-800-222-3290

Providing your social security number is voluntary. If you provide it, the college will use your social security number for keeping records, doing research, reporting, extending credit, and collecting debts. The college will not use your number to make any decision directly affecting you or any other person. Your social security number will not be given to the general public. If you choose not to provide your social security number, you will not be denied any rights as a student. Please refer to the disclosure statement in the class schedule or annual catalog which describes how your number will be used. Providing your social security number means that you consent to the use of your number in the manner described.

### LFC CLASS REGISTRATION/PAYMENT FORM

Mail completed registrations and payments to:  
Lane Family Connections OR  
4000 E. 30th Avenue, Eugene, OR 97405

Fax completed registrations to:  
(541) 463-4724 with your credit  
card number and expiration date

Name: \_\_\_\_\_ Lane Student ID# \*L\_\_\_\_\_

Date of Birth \_\_\_/\_\_\_/\_\_\_ Social Security Number \* \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

**Social Security Number and Birthday are NOT needed if you have a Lane ID# (L number)**

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

List title and dates of classes you are registering for:

Class and date \_\_\_\_\_ Cost \_\_\_\_\_

Class and date \_\_\_\_\_ Cost \_\_\_\_\_

Total enclosed: \_\_\_\_\_ (One payment can be made for all classes)

\_\_\_ Visa \_\_\_ Mastercard # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Name AS IT APPEARS ON THE CARD (exactly) \_\_\_\_\_

Card Holders address if different from above: \_\_\_\_\_

Type of Child Care you work for: Family Child Care\_\_\_\_  
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## Professional Development

**DHS Corner News  
DHS Specialist  
Katy Fuller  
Fullerk@lanecc.edu**

Most child care providers are self-employed. That means you are responsible for the children in your care, keeping records, and paying taxes on your income. You must keep records of the children's attendance and all payments received from the family and from DHS. DHS makes child care subsidy payments on behalf of the family-DHS is not your employer.

The Internal Revenue Service (IRS) requires DHS to obtain your Social Security Number or Federal Tax ID Number to report what they pay you. The name you give DHS must match your name with the IRS. DHS will check your name and SSN with the IRS. If your name and number are not valid, you will be subject to cp"KTU"Łpg"cpf" {qw" y knn"pqv" i gv"e j gemu"htq o "F J U" [qw" may also have to pay back any money received from DHS..

DHS keeps track of all payments made to providers. They report what they pay you to the IRS. DHS will send you a statement (IRS 1099-Misc) in January, showing how much they paid you during the previous year. You must report this income for tax purposes. Consult a tax advisor if you need information about how to include this income on your tax forms. If you are providing care for state paid parents it is essential that you have, and READ the "Child Care Provider Guide", these are your rights and responsibilities as a state paid child care provider. If you need this guide contact Katy Fuller at Lane Family Connections at 463-3305, or Fullerk@lanecc.edu .

### Come VOICE your opinion!

Would you like the opportunity to learn more about cpf"kpł wpgg"vjg"hwwtg"qh"Ncpg"Hc o kn { "Eqppgkqpu" as well as the entire Child and Family Education (CFE) department at Lane Community College? We are looking for child care providers from all types of child care settings to join the CFE Advisory Committee. The committee meets twice a year on Tuesday afternoons between 4:30 – 6:30 on LCC's main campus; additional meetings may be arranged by sub-committees. Call Vena Williams at 463-3302 for more information. We'd love to have you!

## Oregon Statewide Mentoring Program

Would you like some help improving your child care program? Are you interested in getting some assistance and support setting and obtaining professional development goals? If so, the mentoring program is for you!

Your child care mentor can help you to focus on areas such as Oregon Registry steps and enrollment, accreditation, selection of courses and trainings, college options, program assessment, setting up and maintaining quality environments, and including children with special needs.

The mentoring program is available to ALL child care providers. Both child care centers and family child care rtqxfgtu"ctg" y gneq o g" [qw"ecp"dg"tg i kuvgtgf."egtvkŁgf." qt"gzg o rv"vq"vcmg"cfxcpc i g"qh"vjku"gzekvki"cpf"dgpgŁekcn" opportunity.

""""Qpg"dgpgŁv"qh"rctvkekrcvkqp"kp"vjku"rtqi tc o "ku"vjg" opportunity to earn up to \$150 for your program by participating in the Clifford-Harms self assessment. This is an excellent tool used to take a close look at many aspects of your current program. By using this assessment, you can choose areas that you would like to improve and along with your mentor, set goals to make these improvements.

A big "THANK YOU" goes out to the following participants in the mentoring program for welcoming me into your homes and centers. It has been a very exciting opportunity for me to support you in setting and reaching your professional development goals!

Yvonne J.  
Nelita Marie F.  
Shannon K.  
Cheri B.  
Tammy R.  
Ginny M.  
Angeline P.

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**Provider Appreciation is May 9th.  
Look for a FREE upcoming event  
especially for providers to be  
announced soon!"**

## Who's Using Lane Family Connections?

Between November 15 and February 14 Lane Family Connections received 278 calls from parents seeking information and/or looking for child care. Here is a rundown of the locations they called from:

Eugene 152 calls  
UrtkpiŁgnf""":3"ecnuu  
Cottage Grove 12 calls  
Creswell 2 calls  
Florence 7 calls  
Other 23 calls

Of the calls above, we asked parents where they are seeking care. They are able to choose more than one option. Here are those statistics:

233 Looking for care near home  
53 Looking for care near the child's school  
53 Looking for care near their work  
18 Looking for care near other locations

(parent's school, relatives, etc)

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## Welcome New Providers!

Lane Family Connections would like to welcome the following new child care providers. These providers enrolled in our database between December 15 and February 14. We look forward to working with you!

Jeri J. Shawnee S.  
Laura D. Virginia C.  
Ivonne A. Breanna K.  
Chandanie D. Rachelle J.  
Estela G. Melissa B.  
Anita B.

Children's Choice Montessori Preschool  
River Road Creative Care  
Play Dates Child Care

## Resources

### The Link Between Exercise and Learning

I always loved running...it was something you could do by yourself, and under your own power. You could go in any fktgevkqp."hcu"qt"unqy"cu" {qw" y cpvgf."Łi jvkpi"vjg"ykp f"kh" you felt like it, seeking out new sights just on the strength of your feet and the courage of your lungs."

-Jesse Owens

Exercise puts the brain into "ready mode" for learning, according to a growing number of experts as reported in Debra Viadero's article Exercise Seen as Priming Pump for Student's Academic Strides in the February 13, 2008 Education Week.

The article references several recent studies that have linked gzgtekug"vq"eq i pkvxg"cpf" cecfg o ke" dgpgŁvu" Hwtvjgt."c"uvwf { " of overweight children in Augusta, Georgia cited in the article hqwpf"vj cv"ōvjg"dgpgŁvu"qh"gzgtekug"kpctgcug" y kvj"vjg"uk | g"qh" the dose."

The article also cites Dr. John J. Ratey's new book, Spark: The Revolutionary New Science of Education and the Brain. Dr. Ratey is a clinical associate professor of psychiatry at Harvard Medical School.

School-Age Notes  
phone: 1-800-410-8780  
web: <http://www.schoolagenotes.com>

### The John & Betty Gray Early Childhood Initiative of the Oregon Community Foundation can help YOU!

Do you need money to get more training? Scholarships are available. If you are a registered Family Child Care provider, Staff cv" c" EgtvkŁgf" E j kn f" Ectg" Egpvg t." Chvgt/ Ue jqqn" Rtqi tc o " \*Gng o gpvct { | Okf fng" Ue jqqn" c i gu+. " EgtvkŁgf" Hc o kn { " Child Care Home, or an Exempt Child Care Center, this scholarship fund provides money for Oregon Registry approved trainings, professional conferences and even some college credits. Call Lane Family Connections at 463-3954 for more information., or visit their website at <http://www.centerline.pdx.edu/scholarship/index.php>

Use screen time to get active!

According to the American Academy of Pediatrics (AAP), the typical child is watching about 3 hours of television a day. They average 5 1/2 hours on all media combined. As kids spend more time watching TV, they spend less time running and playing. Regular exercise helps children

- Feel less stressed
- Feel better about themselves
- Keep a healthy weight
- Build and keep healthy bones, muscles and joints
- Sleep better at night

Ask most kids if they want to watch a movie, you'll hear a resounding YES! Why not use that screen time to get children active! Pop in a movement video, push back the furniture and join in the fun.

Here are some resources:

Monkeydoos: Gallop, Hop & Stomp - Baby & Toddler Exercise Video <http://babyproducts.about.com/od/entertainment/gr/monkeydoosvideo.htm>

Kids in Action: This website has information about the importance of physical activity in young children, as well as <http://www.kidsinaction.org/>

Adding fun props is a great way to get (and keep) children's interest. Props like balls, balloons, scarves, ribbon streamers and balancing toys add a different dimension. Here are some resources for props (and ideas...many of them can be home-made)

Lakeshore: This company specializes in toys designed to stand up to use in classrooms. Although the cost is higher, they tend to last longer. <http://www.lakeshorelearning.com>

Little Tykes toys are very sturdy, although expensive. They do carry smaller items, as well as larger climbers and riding toys. <http://www.littletikes.com>

If, like most of us, you are on a budget, try out Discount School Supplies. <http://www.discountsschoolsupply.com>



**Remember to update your child care program with us every three months!**  
**Call 463-3954 or 1-800-222-3290**

Care Food Program's annual provider workshop will be held May 31, 2008 at 862 Bethel Drive in Eugene. The theme of this year's workshop is "The Obesity Epidemic-How Child Care Providers Can Make a Difference". Four 1/2 hour modules will be offered for a total of 2 hours training. To register call 541-463-3290 or visit [www.redcross.org](http://www.redcross.org)

Applicants with Disabilities: If you need support or assistance because of a disability, you may be eligible for academic accommodations through Disability Services at Lane Community College, Building 1, Room 218. Call (541) 463-5150, TTY (541) 463-3079, fax (541) 463-4739, e-mail [disabilityservices@lanec.edu](mailto:disabilityservices@lanec.edu) or visit the web site at [www.lanec.edu/disability/index.htm](http://www.lanec.edu/disability/index.htm).



Ask the Provider Specialist

**My kids like to do sports activities, like basketball and soccer, but they always get bored.**

Sports activities are a great way of getting children active. However, a key point to remember is that whenever there is a winner...there are losers. This is often where the conflict comes in. Everyone wants to win! Non-competitive sports are the solution.

First, think about the ages of the children. 3 – 4 year olds aren't really ready to understand competitive rules and teamwork. It's best at this age to provide enough equipment for all to use, or manage turn-taking so everyone has a chance.

Children who are 5 and 6 are a little more able to understand rules, and if they are rules THEY help to make, they are much better at following them! It's not necessary to follow any kind of "official" rules. You can decide ahead of time what kind of rules would work best for your group, then help the kids come up with them with careful questions. For example, if one child wants to always be the one with the bat in hand, you can help them come up with a turn taking rule by asking "How many times should we bat the ball before it's someone else's turn...two or three?" Then write the rules down on a big piece of paper and post it so when the arguing starts, you can look at it together and see what the rule is. Keep the number of rules few, not more than 2 or 3.

Another way to help children with teamwork in sports is to practice needed skills in other ways. Playing games like Simon Says, Follow the Leader or even singing Hokey Pokey (while taking turns choosing body parts) teaches children how to take turns, and more importantly, how to WAIT for a turn...a hard skill even for the best of them.

In family child care situations, there are many ages. Older children may be frustrated by younger children's inability to follow their rules. Try to help them see that it's a chance for them to be a "teacher" and assure them that the others will eventually learn too.

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**Do you live in Florence or Oakridge?**

**Credit Night Class Offering Spring Term 2008**

Beginning April 1, 6:00 to 9:00 pm, Early Childhood Education instructor Bev Hickey will be teaching a combined Observation and Introduction to Early Childhood Education class.

The class will discuss the many kinds of programs that are available to young children. Participants will learn what developmentally appropriate programming looks like, along with learning how to set up the environment. Learn about the NAEYC Code of Ethics and discuss situations where it can be used. Explore being a professional early childhood educator means. Learn how to use observing techniques. This is a beginning class.

We are offering a Family Child Care Overview class: Florence: Friday, May 9th from 1:00 PM until 4:00 PM, at LCC (North) room 162. Call LCC Florence Center or call 1-800-222-3290 to sign up for this class. Oakridge: Thursday, May 22 from 2:00 PM until 5:00 PM at the Family Resource Center call 782-3281 to sign up.

We have good news for those who need the Pediatric CPR and 1st Aid Class and live in Florence. The Western Lane Ambulance will be offering the PEDIATRIC CPR class once per quarter. They need a minimum of 6 students for the class to go. Call Western Lane at 997 9614 for information or to register.