

Lane Community College  
4000 E. 30<sup>th</sup> Avenue  
Eugene, OR 97405

Social Science Department  
Spring Term 2009  
CRN#: 40591 (main), 40627 (CG), & 40685 (FI)

## EXPLORING PSYCHOLOGY PSY 110 Telecourse

**Instructor:** Cynthia Adams, Ph.D.  
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**Office:** Center Bldg, 410K

**Office Hours:**  
MWF, 3:00-3:50; TuTh, 4:00-4:50  
Or by appointment

### **Required Texts:**

The following books are required for this course and can be purchased at the LCC Bookstore on the third floor of the Center Building, main campus.

Telecourse Student Guide **PSYCHOLOGY: THE HUMAN EXPERIENCE**, 4th Ed.,  
Coast Learning Systems.

**PSYCHOLOGY** by Hockenbury & Hockenbury (2006), 4<sup>th</sup> Ed., Worth Publishers.

### **About the Course:**

Welcome to the telecourse *Exploring Psychology!* This course combines the use of a *textbook*, a *study guide*, and *televised lessons* to create an integrated survey of the field of psychology. In PSY 110, you first will be introduced to the main issues and theoretical perspectives in psychology and to the research methods used to conduct psychological studies. The course will then cover a variety of topical areas including the biological, cognitive, social, personality, abnormal and developmental aspects of psychology. The course is VERY fast-paced and will require a significant time commitment on your part.

### **General Course Objectives:**

Upon successful completion of this course, you should be able to:

- Define psychology.
- Explain the goals of psychology.
- Discuss the type of work done by psychologists.
- Understand and be able to discuss the role and importance of science and research to the field of psychology.
- Understand and be able to use basic psychological terminology.
- Explain basic psychological concepts and principles.
- Identify the major contributors, and their contributions, to the field of psychology.
- Explain how biological and social factors interact to influence human behavior and mental processes.
- Provide a general explanation of how psychologists define and treat mental disorders.
- Discuss the ways in which psychology can affect people's lives.
- Recognize the importance of continuing to stay current as research in psychology continues to reveal more about human behavior.

### **Taking This Telecourse:**

Some students assume that a telecourse will be easy. You can earn a grade by watching TV. Such students are quickly disappointed. Although taking a telecourse can be a rewarding experience, it is not any easier than taking the same course in a classroom. In fact, it may even be *more* difficult. You must be self-motivated. You must work to integrate information from the textbook, study guide, and the television program without the support of a regular classroom setting. And you must be willing to ask for help when you need it. Students sometimes run into trouble in telecourses and are hesitant to ask for help. Please do not hesitate to call or e-mail me when you have questions. **Please don't let problems**

**accumulate; call me before your concerns pile up. If you do not score well on the 1<sup>st</sup> exam, that is the time to contact me! Please do not wait until the end of the term.**

**Instructor Contact:**

My telephone number and e-mail address are on the first page of this syllabus. If I am not in my office, please leave a message on my voice mail with your name, phone number, the time when you can be reached, and a brief explanation of your question or problem. Also, you can come to my office during one of my office hours (see front page of this syllabus). I enjoy meeting and talking with my students.

**Recommended Sequence of Study:**

In addition to the *televised lessons*, this class utilizes a *textbook* and *study guide*. Both of these books are *crucial* to your success in this class. **Systematic use of the STUDY GUIDE is especially important.** Its use is an **essential key to your success** in this course. Here is a sequence of steps to follow each week:

1. Check the CLASS SCHEDULE (p. 3 of this SYLLABUS) to determine which lesson (or lessons) you should be working on.
2. Turn to that lesson in the STUDY GUIDE and go over the **checklist** carefully. Then, read the **lesson preview, questions to consider, and LEARNING OBJECTIVES (Note: Questions on the exams will be tied to these objectives ☺)**. Keep these questions and objectives in mind as you are reading the text and viewing the lessons.
3. **The STUDY GUIDE will tell you which pages to read in the textbook.** Read the appropriate pages in the TEXTBOOK. You may find it helpful to take notes. Highlighting important points in the textbook or writing notes in the margins can also be useful. Be sure to consider the important **KEY TERMS AND CONCEPTS** listed in your STUDY GUIDE as you are reading.
4. View the appropriate televised videotape. Check the viewing schedule at the end of your syllabus for a listing of weekly show times. Use the **lesson review** at the end of each lesson to guide you as you view the video.
5. Complete the **review exercises** in your STUDY GUIDE. Do not turn these in. They are for your use in studying. The answers are at the end of each lesson so that you may check yourself. Hint: The **multiple-choice questions** in the review sections are similar to the kind of questions you will be asked to answer on the exams.
6. Continue to use the lesson reviews to guide your study and to achieve the **learning objectives of each lesson**. Review your notes and plan to take the EXAM. (Note: each exam will cover 5 or 6 lessons.)

**Viewing the Lessons:**

Attached to the syllabus you will find the schedule of programs to be aired on Comcast Ch. 23 and Charter Communications Ch. 9. If you miss a lesson at home, you may view it at the LCC library on the main campus. (Please check LCC website for library hours.). A limited number of each tape (on VHS and DVD) will be available. Tapes can be viewed in the library or may be checked out (one or two tapes at a time; photo ID required) for a one-week loan. You will be asked to identify the telecourse (MV#2066).

A set of DVDs for the course can be purchased at the LCC Bookstore at the time you purchase your textbook and student guide. The number of sets available may be limited. So, if you prefer to watch the lessons at your own pace and time, be sure to purchase one of these sets early.

Students with a broadband connection may view the telecourse programs online for \$35, paid directly to Seattle Community College TV. The URL for this service is: <http://www.scctv.net/lanecc/>

**For Technical Difficulties:**

For trouble with the cable television program, call 463-5319 and report the reception difficulty.

**Class Schedule:****Lesson in Study Guide**

(Each lesson goes with a televised Program;  
see viewing guide at back of syllabus)

**Note: A “week” below includes lessons airing Tuesday through Monday**  
**Please see attached schedule of viewing dates and times; lessons air Tuesdays, Thursdays, Sundays, and Mondays**

Week 1 (Mar 31-April 6)	Why Study Human Behavior? (Tues. -- Mon.) Research Methods in Psychology	Lesson 1 Lesson 2
Week 2 (Apr 7 - Apr 13)	The Nervous System The Neuron & Neural Transmission	Lesson 3 Lesson 4
Week 3 (Apr 14–Apr 20)	Sensation & Perception Consciousness	Lesson 5 Lesson 6
Week 4 (Apr 21-Apr 27)	<b>Take EXAM #1 (Mon April 20 – Mon April 27)</b> Exam covers Lessons 1, 2, 3, 4, 5, & 6	
	Learning: Classical & Operant Conditioning	Lesson 7
	Learning: Observational & Cognitive Approaches	Lesson 8
Week 5* (Apr 28-May 4)	Memory Language & Cognition Intelligence	Lesson 9 Lesson 10 Lesson 11
Week 6 (May 5-May 11)	<b>Take EXAM #2 (Mon May 4 – Mon May 11)</b> Exam covers Lessons 7, 8, 9, 10, & 11	
	Motivation	Lesson 12
	Emotion	Lesson 13
Week 7 (May 12-May 18)	Infant & Child Development Adolescent & Adult Development	Lesson 14 Lesson 15
Week 8** (May 19-May 25)	Personality Theories Personality Traits & Assessment	Lesson 17 Lesson 18
Week 9 (May 26-June 1)	<b>Take EXAM #3 (Tues May 26 – Tues June 2)</b> Exam covers Lessons 12, 13, 14, 15, 17, & 18	
	Social Cognition	Lesson 19
	Attitudes	Lesson 20
	Group Influences	Lesson 21
Week 10 (June 2-June 8)	Understanding Psychological Disorders: Part I Understanding Psychological Disorders: Part II Therapies	Lesson 23 Lesson 24 Lesson 25
Final Exam Week	<b>Take EXAM #4 (Wed June 3 – Wed June 10)</b> Exam covers Lessons 19, 20, 21, 23, 24, & 25	

\* The LCC campus will be closed Friday, May 1.

\*\* The LCC campus will be closed Monday, May 25 for Memorial Day.

### **Exam Procedure:**

There will be **four** required multiple-choice exams. All exams will be taken on campus or at one of our outreach centers. Each exam may be taken only once.

IN ORDER TO TAKE YOUR EXAM, YOU **MUST** BRING:

- 1) Your student ID card or other photo ID
- 2) Your L#
- 3) The name of the course (*Exploring Psychology, PSY 110*)
- 4) The name of the instructor (*Cynthia Adams*)
- 5) A copy of your ExpressLane schedule for the current term
- 6) No. 2 pencil

At LCC, the tests will be given in the Social Science Written Testing Lab, which is in Center Building, Room 456. The hours for Spring Term are not available at this time. For information about the hours you can access them at the following website once the Spring term starts:

<http://teach.lanecce.edu/timmerst/>

Keep in mind that the testing lab closes on time. So, be sure to allow enough time to complete your exam before the lab closes. (*Lab policy indicates that you must begin your exam at least 1 hour before closing time.*)

For Outreach Centers: Exams may be taken at LCC at Florence (3149 Oak Street) or LCC at Cottage Grove (1275 S. River Road). All telecourses are available for viewing at these learning centers.

### **Grading:**

**Each of the 4 exams is worth 50 points (50 multiple choice questions worth 1 point each) for a total of 200 points.**

The course grade will be determined on the following basis:

- A = 90-100% (180-200 pts)
- B = 80-89% (160-179 pts)
- C = 70-79% (140-159 pts)
- D = 60-69% (120-139 pts)
- F = below 60% (0-119 pts)

**Your grades for the first three exams will be sent to you through the mail approximately one week after the last day the test is available in the testing lab. I will not mail your final exam results. If you want to know that grade separate from your final grade, you can e-mail me with your request.**

### **Grading Policies:**

Students have different reasons for taking courses. Those who are taking an academic course toward a degree will probably want to take the course for a grade or on a pass/no pass basis, depending on their individual program. Students taking the course for general interest may want to audit or take it pass/ no pass. Whichever option you choose, please note that the *last date for schedule changes is Friday, May 22*.

If the student wishes to withdraw from the course at some point in the term, the student must initiate the withdrawal through ExpressLane. An instructor cannot give a student a W indicating withdrawal from the course. Do not assume that the instructor will withdraw you from the course for any reason. It is the student's responsibility to officially drop classes. Note: The last day to receive a refund is *Sunday, April 5*, by midnight. If you withdraw after this date/time, you will NOT receive a refund.

If a student completes less than one-half of the work in the course (two exams), the student will be given a grade of NC. An NC grade indicates NOT COMPLETED; NO CREDIT. An INCOMPLETE will only be given if a student requests it (the request must be based on medical or personal circumstances that prevent you from finishing the course at this time) **and** the student has **completed the first three exams at a passing level**.

**Distance Learning Department:**

Distance Learning is located in the Workforce Training Building 19, room 253A. If you encounter cable viewing discrepancies, you can call (541) 463-5319.

**Disability Services:**

If you need support or assistance because of a disability, you may be eligible for academic accommodations through Disability Services. For more information, contact Disability Services at (541) 463-5150 (voice) or 463-3079 (TTY), or by stopping by Building 1, Room 218.



***Good Luck in the Course!***

Exploring Psychology - PSY110  
 Psychology: The Human Experience MV#2066  
 Lane Community College  
 Comcast ch. 23 & Charter Communications ch. 9  
 Spring Term 2009  
 30-minute programs

Tuesday	March	31	9:00 a.m.	Why Study Human Behavior? (Program 1)
			9:30 a.m.	Research Methods in Psychology (Program 2)
Thursday	April	2	9:00 p.m.	Repeat - Program 1
			9:30 p.m.	Repeat - Program 2
Sunday	April	5	1:00 p.m.	Repeat - Program 1
			1:30 p.m.	Repeat - Program 2
Monday	April	6	1:00 a.m.	Repeat - Program 1
			1:30 a.m.	Repeat - Program 2
Tuesday	April	7	9:00 a.m.	The Nervous System (Program 3)
			9:30 a.m.	The Neuron and Neural Transmissions (Program 4)
Thursday	April	9	9:00 p.m.	Repeat - Program 3
			9:30 p.m.	Repeat - Program 4
Sunday	April	12	1:00 p.m.	Repeat - Program 3
			1:30 p.m.	Repeat - Program 4
Monday	April	13	1:00 a.m.	Repeat - Program 3
			1:30 a.m.	Repeat - Program 4
Tuesday	April	14	9:00 a.m.	Sensation and Perception (Program 5)
			9:30 a.m.	Consciousness (Program 6)
Thursday	April	16	9:00 p.m.	Repeat - Program 5
			9:30 p.m.	Repeat - Program 6
Sunday	April	19	1:00 p.m.	Repeat - Program 5
			1:30 p.m.	Repeat - Program 6
Monday	April	20	1:00 a.m.	Repeat - Program 5
			1:30 a.m.	Repeat - Program 6
Tuesday	April	21	9:00 a.m.	Learning: Classical and Operant Conditioning (Program 7)
			9:30 a.m.	Learning: Observational and Cognitive Approaches (Program 8)
Thursday	April	23	9:00 p.m.	Repeat - Program 7
			9:30 p.m.	Repeat - Program 8
Sunday	April	26	1:00 p.m.	Repeat - Program 7
			1:30 p.m.	Repeat - Program 8
Monday	April	27	1:00 a.m.	Repeat - Program 7
			1:30 a.m.	Repeat - Program 8
Tuesday	April	28	9:00 a.m.	Memory (Program 9)
			9:30 a.m.	Language and Cognition (Program 10)
			10:00 a.m.	Intelligence (Program 11)
Thursday	April	30	9:00 p.m.	Repeat - Program 9
			9:30 p.m.	Repeat - Program 10
			10:00 p.m.	Repeat - Program 11
Sunday	April	3	1:00 p.m.	Repeat - Program 9
			1:30 p.m.	Repeat - Program 10
			2:00 p.m.	Repeat - Program 11
Monday	May	4	1:00 a.m.	Repeat - Program 9
			1:30 a.m.	Repeat - Program 10
			2:00 a.m.	Repeat - Program 11

Tuesday	May	5	9:00 a.m.	Motivation (Program 12)
			9:30 a.m.	Emotion (Program 13)
Thursday	May	7	9:00 p.m.	Repeat - Program 12
			9:30 p.m.	Repeat - Program 13
Sunday	May	10	1:00 p.m.	Repeat - Program 12
			1:30 p.m.	Repeat - Program 13
Monday	May	11	1:00 a.m.	Repeat - Program 12
			1:30 a.m.	Repeat - Program 13
Tuesday	May	12	9:00 a.m.	Infant and Child Development (Program 14)
			9:30 a.m.	Adolescent and Adult Development (Program 15)
Thursday	May	14	9:00 p.m.	Repeat - Program 14
			9:30 p.m.	Repeat - Program 15
Sunday	May	17	1:00 p.m.	Repeat - Program 14
			1:30 p.m.	Repeat - Program 15
Monday	May	18	1:00 a.m.	Repeat - Program 14
			1:30 a.m.	Repeat - Program 15
Tuesday	May	19	9:00 a.m.	Personality Theories (Program 17)
			9:30 a.m.	Personality Traits (Program 18)
Thursday	May	21	9:00 p.m.	Repeat - Program 17
			9:30 p.m.	Repeat - Program 18
Sunday	May	24	1:00 p.m.	Repeat - Program 17
			1:30 p.m.	Repeat - Program 18
Monday	May	25	1:00 a.m.	Repeat - Program 17
			1:30 a.m.	Repeat - Program 18
Tuesday	May	26	9:00 a.m.	Social Cognition (Program 19)
			9:30 a.m.	Attitudes (Program 20)
			10:00 a.m.	Group Influence (Program 21)
Thursday	May	28	9:00 p.m.	Repeat - Program 19
			9:30 p.m.	Repeat - Program 20
			10:00 p.m.	Repeat - Program 21
Sunday	May	31	1:00 p.m.	Repeat - Program 19
			1:30 p.m.	Repeat - Program 20
			2:00 p.m.	Repeat - Program 21
Monday	June	1	1:00 a.m.	Repeat - Program 19
			1:30 a.m.	Repeat - Program 20
			2:00 a.m.	Repeat - Program 21
Tuesday	June	2	9:00 a.m.	Understanding Psychological Disorders, Part One (Program 23)
			9:30 a.m.	Understanding Psychological Disorders, Part Two (Program 24)
			10:00 a.m.	Therapies (Program 25)
Thursday	June	4	9:00 p.m.	Repeat - Program 23
			9:30 p.m.	Repeat - Program 24
			10:00 p.m.	Repeat - Program 25
Sunday	June	7	1:00 p.m.	Repeat - Program 23
			1:30 p.m.	Repeat - Program 24
			2:00 p.m.	Repeat - Program 25
Monday	June	8	1:00 a.m.	Repeat - Program 23
			1:30 a.m.	Repeat - Program 24
			2:00 a.m.	Repeat - Program 25

## Spring Term 2009 Details for Telecourse Students

### Important Dates

Last day to receive refund	Sunday, April 5, midnight
College Inservice, college closed	Friday, May 1
Last day for schedule changes	Friday, May 22
Memorial Day Holiday, college closed	Monday, May 25
Finals week	June 8-13

### Lane Community College's Administrative Withdrawal Policy For Telecourses:

Telecourse students must obtain the telecourse syllabus and complete a blue student information card before the end of the first week of the term. The instructor may withdraw students who fail to follow this procedure. Students unable to attend the telecourse orientation may purchase the syllabus and complete a blue student information card at the college Bookstore. It is every student's responsibility to use ExpressLane to drop any classes in which they do not want to be enrolled. Students should not assume that the instructor will withdraw them for not completing the blue card. Students are responsible for all charges for classes not dropped by the full refund deadline. **After SUNDAY, April 5, at midnight, no tuition or fees will be refunded. Students withdrawing from a course after the refund period is over will NOT receive a refund. It is the student's responsibility to officially drop.** For college policy regarding refunds, see Lane's website or the current Aspire Magazine. Students enrolling after the first week of classes must immediately obtain the syllabus and complete a student information card available for purchase in the Bookstore and contact the instructor.

### Distance Learning Department:

Distance Learning is located in the Workforce Training Building 19, room 253A, 463-5893. Telecourse students may call (541) 463-5319 with cable viewing discrepancies.

### Disability Resources Statement:

If you need support or assistance because of a disability, you may be eligible for academic accommodations. Contact Disability Resources at (541) 463-5150, or TTY 463-3079, or stop by Bldg.1, Room 218.

### Main Campus Bookstore Hours:

First week of classes beginning Mon., Mar. 30 through Sat., Apr. 4: Mon. through Thurs., 8 am-7:30 pm; Fri., 8 am-4:30 pm.; Sat., 9 am-1 pm. Distance learning students may have books shipped by using VISA/ MasterCard. For details, call the LCC Bookstore, (541) 463-5676, or email [bollenbaughp@lanecc.edu](mailto:bollenbaughp@lanecc.edu) Last day to return books for full refund is Monday, Apr. 6. Details for students using CreditLine may be found at: [lanecc.edu/bookstore/purchasing/charging.htm](http://lanecc.edu/bookstore/purchasing/charging.htm)

### Main Campus Library Services:

All telecourses may be viewed in the library on the main campus. In addition, videotape/DVD copies may be checked-out for 1 week. Lane's library is open Mon. through Thurs., 7:30 am–7 pm; Fri., 7:30 am–5:30 pm. Closed Sat. and Sun. For magazine articles, books, newspapers and other Internet resources visit the library home page at [www.lanecc.edu/library/](http://www.lanecc.edu/library/) Distance Learning students who wish to check videos, books etc., out of the main library will need to show a driver's license, passport, high school ID, Lane ID or any other type of legitimate photo ID.

### Internet and Computer Access:

Main Campus Student Computer Lab/Student Help Desk (SHeD), Bldg. 4, Room #201 Hours: Mon. through Thurs., 7:30am-7pm; Fri., 7:30am-6pm. Closed Saturdays and Sundays; closed 5/1 and 5/25. Laptop computers are available for 2-hour checkout in the Lane Library, 9:30 am – 3 pm (hours may change), and may be used anywhere inside the Library.

### Social Science Testing Lab:

The following telecourses may use the Social Science Testing Lab in Center 456 for testing. See your telecourse syllabus for testing details: ART210 – Photographic Vision, FA255 - Understanding Movies, HE250 – Personal Health, HO100- Medical Terminology, HST106 – World History, HST203- History of the United States, PSY110 - Exploring Psychology, PSY235 – Human Development 1, and SOC206- Institutions and Social Change. Check the website for operating hours: <https://teach.lanecc.edu/timmerst/>

### **Student Activity Fee, Photo ID and Transportation Fee Information:**

Students only enrolled in distance learning courses (no on-campus courses) are not charged the ASLCC Student Activity Fee. An LCC photo ID is not required to attend Lane. It is available to all currently registered students as an alternate form of photo identification. A card may be purchased at a cost of \$5 through Enrollment Services, Building 1 or the Downtown Center. Distance Learning students are not charged the \$22 transportation fee and are not eligible for an LTD Bus Pass. DL students are charged a \$5 transportation fee.

### **Proctored Exams With Off Campus Proctors:**

Proctored testing is an option available for students who live outside of the local Lane County area. For complete information, please go to: [www.lanecc.edu/distance/testing.htm](http://www.lanecc.edu/distance/testing.htm) (This does not apply to students enrolled at the Cottage Grove and Florence campuses.)

### **Grade Reports:**

Beginning on Wednesday following the end of the term, students can obtain unofficial transcripts with their grades from ExpressLane. Grade reports are not mailed. Official transcripts may be paid for and ordered through ExpressLane or at Enrollment Services on the main campus or by calling (541) 463-3100.

### **Students are requested to use these special MV numbers when requesting telecourse programs from the library.**

ART210 - Photographic Vision	MV#2084
ASTR107 – Survey of Astronomy : Astronomy – Theories & Observations	MV#2128
CG100 (A,B,C) - College Success: Mastering College Experience	MV#2114
CG140 - Career and Life Planning: Career Advantage	MV#2112
CG213 - Improving Parent/Child Relationships	MV#2121
ES101 - Historical Racial & Ethnic Issues: Dealing with Diversity	MV#2079
FA255 - Understanding Movies: American Cinema	MV#2088
GS147 - Oceanography: Endless Voyage	MV#2125
HE250 - Personal Health: The Human Condition	MV#2130
HO100 - Medical Terminology	MV#2110
HST106 - World History: Bridging World History	MV#2129
HST203 - History of the United States: Transforming America	MV#2132
PSY110 - Exploring Psychology: Psychology-Human Experience	MV#2066
PSY235 – Human Development 1: Transitions Throughout the Life Span	MV#2072
SOC206 – Institutions and Social Change: Exploring Society	MV#2120