



**2009-2010
Suggested Course
of Study**

**Music Dance and
Theatre Arts
(541) 463-5209**

Dance

This curriculum is designed for the student who intends to complete requirements for a two-year associate of arts Oregon transfer degree and transfer to a four-year college or university as a major in dance. A suggested course of study is not the same as a state-approved vocational program in which a student earns a degree or certificate issued by the Lane Board of Education.

To prepare for transfer, students work toward the goal of achieving technical proficiency in dance equivalent to that of a third-year (junior) student, while completing the requirements for an AAOT

degree. Though the following course of study is a general curriculum designed for the full-time student, part-time students may also use it as a guide. Individual technical progress will vary, but it is recommended that a student take a full year of Modern and Ballet at an appropriate level before moving up to a higher level. Group requirements vary with degree goals and college. Students interested in pursuing an associate's or bachelor's degree should see Music, Dance and Theatre Arts advisor Tim Blood as well as dance program director Bonnie Simoa Reid, for information and advice.

Dance

Beginning

D 185 Ballet 1	2
D 184 Hip Hop 1	2
Choice of:	2
D 152 Dance Basics	
D 180 Modern Dance 1	
Choice of:	2
D 183 Body Mind Stretch and Relaxation	
D 172 Dancing the Fluid Body	
D 153 Pilates Mat Work 1 or	
D 154 Pilates Mat Work 2	
Group requirements	9
Total Credits	17

D 185 Ballet 1	2
D 184 Hip Hop 1	2
D 180 Modern Dance 1	2
Choice of:	2
D 183 Body/Mind Stretch and Relaxation	
D 153 Pilates Mat Work 1 or	
D 154 Pilates Mat Work 2	
D 172 Dancing the Fluid Body	
Group requirements	9
Total Credits	19

D 185 Ballet 1	2
D 184 Hip-Hop 1	2
Group requirements	9
D 180 Modern Dance 1	2
Choice of:	2
D 183 Body Mind Stretch and Relaxation	
D 153 Pilates Mat Work 1 or	
D 154 Pilates Mat Work 2	
D 176 Fluid Yoga ³	
Total Credits	19

D 186 Ballet 2	2
D 182 Modern Dance 2	2
D 189 Jazz Dance 2	2
D 257 Dance Improvisation ³	3
D 256 Body Fundamentals/Body as Knowledge ^{1,2,3}	4
Group requirements	6
Total Credits	19

D 186 Ballet 2	2
D 190 Jazz Dance 3	2
D 160 Dance Composition ^{2,3}	3
D 251 Looking at Dance ²	4
Choice of:	2
D 153 Pilates Mat Work 1 or	
D 154 Pilates Mat Work 2	
D 172 Dancing the Fluid Body	
Group requirements	6
Total Credits	19

Fall

D 186 Ballet 2	2
D 182 Modern Dance 2	2
D 190 Jazz Dance 3 ³	2
D 260 Group Choreography ^{2,3}	3
D 176 Fluid Yoga ³	2
Choice of:	2
D 172 Dancing the Fluid Body	
D 153 Pilates Mat Work 1 or	
D 154 Pilates Mat Work 2	
Group requirements	6
Total Credits	19

Spring

Winter

ED 225 Multiple Intelligence in Motion ³	6
Advanced	
D 187 Ballet 3	2
D 182 Modern Dance 3	2
D 261 Rehearsal and Performance	2
Choice of:	2
D 153 Pilates Mat Work 1 or	
D 154 Pilates Mat Work 2	
D 172 Dancing the Fluid Body	
Group requirements	9
Total Credits	17

Summer

Fall

D 187 Ballet 3	2
D 182 Modern Dance 3	2
D 261 Rehearsal and Performance	2
Choice of:	2
D 153 Pilates Mat Work 1 or	
D 154 Pilates Mat Work 2	
D 172 Dancing the Fluid Body	
Group requirements	9
Total Credits	17

Spring

D 187 Ballet 3	2
D 182 Modern Dance 3	2
D 261 Rehearsal and Performance	2
Choice of:	2
D 153 Pilates Mat Work 1 or	
D 154 Pilates Mat Work 2	
D 176 Dancing the Fluid Body	
Group requirements	9
Total Credits	17

Winter

D 187 Ballet 3	2
D 182 Modern Dance 3	2
D 261 Rehearsal and Performance	2
Choice of:	2
D 153 Pilates Mat Work 1 or	
D 154 Pilates Mat Work 2	
D 176 Dancing the Fluid Body	
Group requirements	9
Total Credits	17

Fall

D 187 Ballet 3	2
D 182 Modern Dance 3	2
D 261 Rehearsal and Performance	2
Rehearsal and Performance	2
Choice of:	2
D 176 Fluid Yoga ³	
D 153 Pilates Mat Work 1 or	
D 154 Pilates Mat Work 2	
Group requirements	9
Total Credits	17-19

Spring

- 1 This course satisfies the U of O Dance Department requirement for such a course.
- 2 This course satisfies a U of O Arts and Letters "distribution" requirement.
- 3 Offered only once a year.